

NEW MENU

Duncraig
Primary School
Canteen

What's Changed & Why

This year, our school canteen menu has been updated to align with the Department of Health's School Canteen Traffic Light System. These changes are part of a statewide approach to support healthier eating habits for children during the school day.

While this does mean some familiar favourites have disappeared or available less frequently, it also allows us to introduce new, fresh and nutritious options that better support children's learning, energy and wellbeing. This new summer Menu will be available during Term 1, and a new Winter Menu will roll out for Terms 2 & 3 to also meet the new requirements.

Working Together

To support these changes and as a health department requirement, volunteers are strongly encouraged to complete the free FoodSafe certification prior to volunteering in the canteen. This course can be accessed via our [linktr.ee](#).

We understand change can take time – especially when it comes to food preferences! Our goal is to:

- Support healthy choices
- Provide balanced, appealing options
- Meet all Department of Health requirements
- Work alongside families to encourage positive habits

Thank you for your understanding and ongoing support of our school canteen ❤️

What Parents Should Know

The Traffic Light System categorises all food and drinks into three groups:

- Green Foods – Make up the majority of the menu and are the healthiest choices, 60%.
- Amber Foods – Are still allowed, but in moderation, 40%.
- Red Foods – Not Permitted and are no longer allowed to be sold in school canteens, 0%.

NEW MENU ITEMS

Term 1

**Summer
Menu**

Chicken and Macaroni Bake

Chicken and pasta stirred through a light and creamy tomato and cheese sauce with hidden veg, topped with cheese and baked.



Beef Lasagne

Lean beef mince and veggie-rich tomato sauce base, layered between lasagna sheets and a homemade cheese sauce.

NEW MENU ITEMS

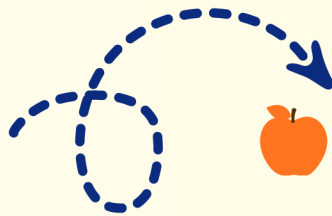
Term 1

Summer
Menu



Noodle Cups

Chicken and Beef instant noodle cups. Served in original packaging.



Pizza Subs

Hotdog bun topped with our classic recess pizza sauce & cheese (original).

Add-ons: pineapple, fresh tomato & ham.

RECESS ONLY

NEW MENU ITEMS

Term 1

Summer
Menu

Mac n Cheese

Back to basics - A wholesome mac n cheese featuring a creamy cheese sauce with mild flavours. A real crowd pleaser.



Choc Berry Yoghurt Cup

Layered chocolate custard, homemade berry coulis, vanilla yogurt, topped off with GF granola.

RECESS ONLY

NEW MENU ITEMS

Term 1

**Summer
Menu**

Veggie Dippers

Fresh veggie sticks served with choice of beetroot or hummus dip.



Summer Fruit Salad

A colourful combination of fresh, seasonal fruits served in a small bowl.

Add-ons: custard or yoghurt
RECESS ONLY

NEW MENU ITEMS

Term 1

Summer
Menu

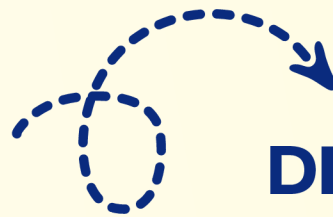


Rainbow Salad Bowl

A fun and colourful bowl layered with corn, chickpeas, crunchy veggies & homemade beetroot dip for dipping or mixing.

Add-ons: corn chips, boiled egg & chicken strip (gfo)

Available Monday & Wednesday's



DRINKS



UP&GO is Australia's No.1 liquid breakfast filled with the fibre of 2 weet-bix and milk.



Chill J Sparkling Fruit Juice is all natural with no preservatives, no artificial colours, flavours, no added sugar, and is made from freshly squeezed fruit to give it a fruity fresh taste.